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# Can You Trust a Tomato in January: Everything You Wanted to Know (And a Few Things You Didn't About Food in the Grocery Store)

*Vince Staten*

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**Vince Staten : Can You Trust a Tomato in January: Everything You Wanted to Know (And a Few Things You Didn't About Food in the Grocery Store)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Can You Trust a Tomato in January: Everything You Wanted to Know (And a Few Things You Didn't About Food in the Grocery Store):

An informative tour of the grocery store answers questions about history, sociology, marketing, economics, chemistry, and nutrition of modern food. By the author of Real Barbecue.