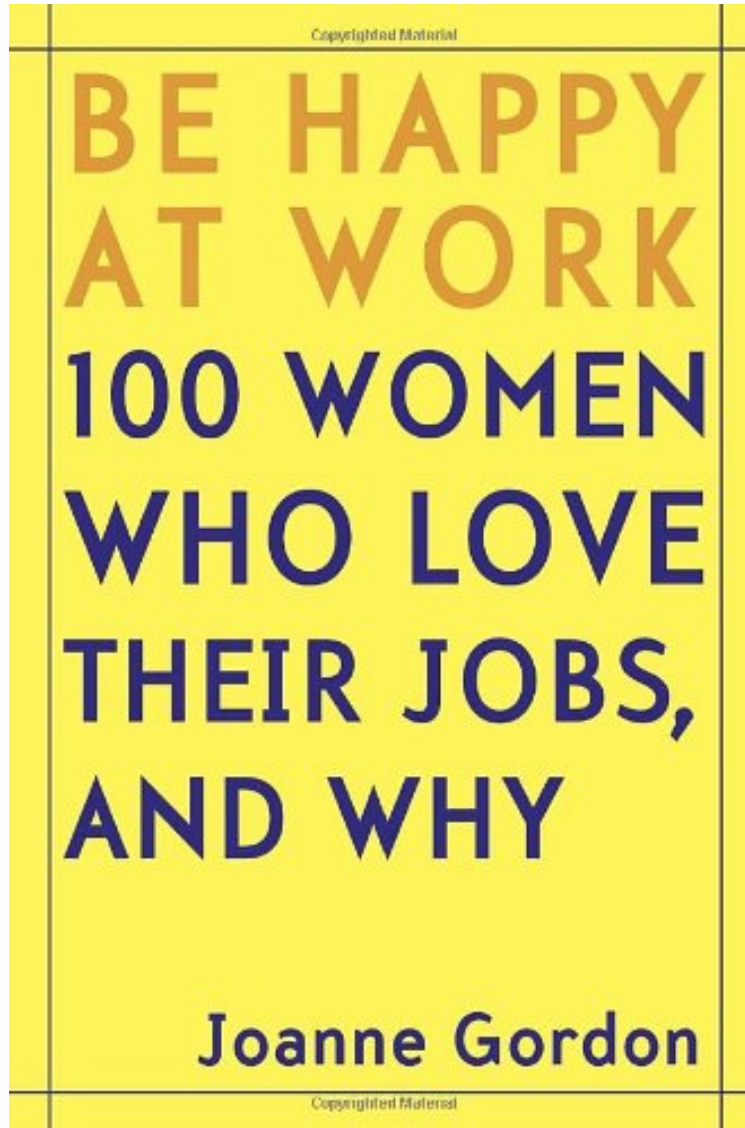


(Read now) Be Happy at Work: 100 Women Who Love Their Jobs, and Why

Be Happy at Work: 100 Women Who Love Their Jobs, and Why

Joanne Gordon

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Joanne Gordon : Be Happy at Work: 100 Women Who Love Their Jobs, and Why before purchasing it in order to gage whether or not it would be worth my time, and all praised Be Happy at Work: 100 Women Who Love Their Jobs, and Why:

0 of 0 people found the following review helpful. Be Happy at WorkBy N. McphersonI ordered this book as a result of a paper I was writing for a literature course based on writings from the American Workplace. The overwhelming majority of the writings in the anthology that we are using for the course depict some degree of disgruntlement or

misery in these workers. I had set out from the opposite position - what factors contribute to a contented and enjoyable workplace, and a happy worker. The book arrived just in time and with exactly what I needed to finish up my paper.² of 2 people found the following review helpful. *Be Happy at Work* by Joanne Gordon
By Dr. Joseph S. Maresca
The author identifies behavioral strategies requisite to selecting an enjoyable career that rewards and makes us happy. Specific motivational strategies include the following:- Persons displaying an innate enthusiasm and energy- Determined healers who try to facilitate disagreements rather than exacerbate them- Goal reachers who set goals and achieve them at each major milestone- Overcoming hurdles and obstacles to goal attainment
This work reinforces the notion that there are no happy jobs but there are happy and well-adjusted workers. The volume would be helpful for anyone engaged in career planning. The author emphasizes constructive behaviors and strategies aimed at enhancing the work group situation during major milestones.⁴ of 4 people found the following review helpful. Interesting and thought provoking
By Armchair Interviews
We spend almost a third of our life working, yet so many of us aren't happy with what we do. Joanne Gordon, author of *Be Happy At Work*, spent over a year searching for women who love what they do. Gordon has identified three themes and ten categories of happy working women. The 100 women come from all walks of life. Some are famous and some are everyday women. She tells their stories in a lively and straight-forward manner and discusses why they are happy and how we can achieve that same happiness in our own lives. I liked Gordon's bullet point definitions and descriptions. They were easy to find, read and refer to again. The stories are inspiring. If you're not happy at work, you might want to read this book - and then spend some good old-fashioned thinking time about what you can do to change your situation.

Meet Leslie, a gallery owner in New York City; Donna, a pharmaceutical sales manager in Texas; Lynne, an animal trainer in Utah; and Betsy, a CEO in California. These women and ninety-six others are members of The Happy 100, a diverse group of women who love their jobs unequivocally. While many workers across America feel bored, unrecognized, and unchallenged, these women greet each new workday with pleasure and a sense of anticipation. What's their secret? There are concrete connections between each woman's job and her unique combination of skills, character, and personality, and *Be Happy at Work* highlights them through candid snapshots of their working lives and career journeys. Author Joanne Gordon has identified three universal themes and ten categories of happy working women, demonstrating the core reasons of their fulfillment. There are The Lovers, women whose work champions a personal passion; The Thinkers, who thrive on intellectual challenge; The Surviving Artists, who make a sustainable living from a creative endeavor; The Determinators, who feed a need for control and influence; The Heroines, who work to change the world; and The Builders, who enjoy building a company, a team, or a product from the ground up. Each of Gordon's interviewees fits into one of these groups everyone from actress Stockard Channing, broadcast journalist Lesley Stahl, and songwriter Diane Warren to everyday women who work as a screwdriver manufacturer, a truck driver, and a hospital clown. Gordon tells each their stories and reveals why each woman is happy with her choice and how readers can achieve the same happiness in their own working lives. Here are the inspiring stories of a chef at the South Pole, a scientist, a judge, a forest ranger, an investment banker, and a Manhattan doorperson, among others. The Happy 100 are all real women whose career stories will help you find yourself in their company. *Be Happy at Work* proves that loving one's job is not a luxury for the lucky; it's a real, attainable possibility for every woman, everywhere.