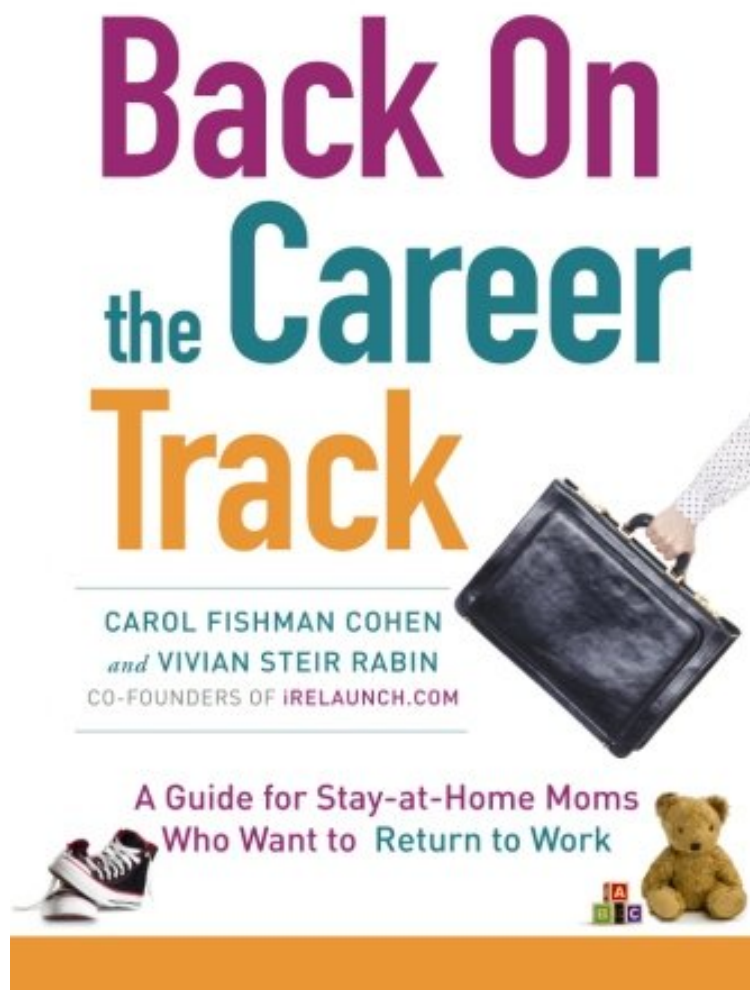


(Read now) Back on the Career Track: A Guide for Stay-at-Home Moms Who Want to Return to Work

# Back on the Career Track: A Guide for Stay-at-Home Moms Who Want to Return to Work

Carol Fishman Cohen, Vivian Steir Rabin  
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*"For those who say you can't go back, this book is the definitive rebuttal."*  
—BusinessWeek



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**Carol Fishman Cohen, Vivian Steir Rabin : Back on the Career Track: A Guide for Stay-at-Home Moms Who Want to Return to Work** before purchasing it in order to gage whether or not it would be worth my time, and all praised Back on the Career Track: A Guide for Stay-at-Home Moms Who Want to Return to Work:

5 of 5 people found the following review helpful. Relaunching your career mid-way, or laterBy CustomerGreat information for returning to work, especially for professionals, business etc.It goes beyond theory, offering plenty of

advice and know-how on practical aspects of relaunching one's career after raising family. For me personally it has helped to keep things in perspective. For example, it's okay to take a step back from where you were in corporate ladder or take a job with initial lower compensation, as long as there is opportunity for growth, or if it offers you the much-needed flexibility you need in work schedule. Overall, definitely worth reading. If only for the injection of self-esteem it provides

3 of 3 people found the following review helpful. very helpful book  
By Mom of 2 boys  
This book provides both practical guidance on where to start and motivation for any mom who opted out of work and now, for a variety of reasons, is interested in or required to return to earning an income. I was starting to do some of the things anyway, but very unsure of myself. This book gave me reassurance that I was on the right track as well as giving guidance on the next steps. Unlike some career books, it doesn't shy away from dealing with the emotional side of things. It doesn't take any sides in the 'mommy wars' but gives equal validation regardless of how you might feel about working versus staying home. There seems to be very few books out there dealing with this subject and typical career books assume everyone is looking for the same high-powered career path. I would recommend this book to any woman wanting to return to work, even if no children are involved.

2 of 2 people found the following review helpful. I'm sure it was useful and more relevant a few years back  
By T. Greenfield  
This book is a bit older than I expected. I didn't check the copyright date before buying it. Things have changed so much in the last 8 years. I'm sure it was useful and more relevant a few years back.

Women revolutionized the workforce by entering professions in record numbers, but many stepped off the career track to care for their families. Now, these same women are forging new career paths by proving that they can return to challenging, meaningful careers after a break, and so can you. *Back on the Career Track* shows you how they are doing it and helps you learn from their successes and challenges. Step-by-step exercises, inspiring stories, sample resumes, and resource lists round out this engaging, well-researched look at when, how, and why women are returning to work after career breaks of a few months or many years. It offers the perfect first step and a handy resource to regularly reference as you successfully relaunch your own career. Visit them at [WWW.iRELAUNCH.COM](http://WWW.iRELAUNCH.COM). Follow them on Twitter [WWW.TWITTER.COM/iRELAUNCH](http://WWW.TWITTER.COM/iRELAUNCH)

For those who say you can't go back, this book is the definitive rebuttal. BusinessWeek Cohen and Rabin have hit the nail on the head with this thorough, well-written, step-by-step relaunch guide for stay-at-home moms. Library Journal (starred review) "This is a must-read before filling out any job applications, and it will become your go-to resource each step of the way. Mom Central Book Reviews Finally! A smart, practical, inspiring guide for moms looking to get back to paid work without losing their minds. Leslie Morgan Steiner, editor of Mommy Wars

From Booklist Cohen and Rabin are two Harvard MBAs who stepped away from high-powered jobs to raise their children, then years later attempted to relaunch their careers. Faced with myriad challenges, the authors wondered if other women experienced the same struggles. Their business backgrounds show in the organized approach they take to guiding self-evaluation and assessing marketability. But they provide a more personal perspective through interviews with more than 100 women, from a broad career and economic spectrum, who remember the difficulties of relaunching their careers after hiatuses from 18 months to 20 years. They encountered less-than-supportive partners and children and skeptical prospective bosses, not to mention their own self-doubts. In a separate section, the authors offer accounts of women who succeeded in their relaunches, including former Supreme Court Justice Sandra Day O'Connor. Cohen and Rabin applaud a relaunch movement they hope will be so widely recognized that women will not be stigmatized for gaps in their resumes. A helpful and inspirational source for women reentering the workforce. Bush, Vanessa Copyright American Library Association. All rights reserved "A terrific compendium of the issues, trade-offs--and opportunities--that Serious Moms recommitting to Serious Professional life will encounter." --Mary Lindley Burton, president, Burton Strategies, and coauthor of *In Transition: From the Harvard Business School Club of New York's Career Management Seminar* "After you have talked your girlfriends to death, bored your husband with all your plans and even, in desperation, consulted your mother-in-law, let Cohen and Rabin show you how it is done. They will help you plan the step-by-step campaign that will get you back into the job market no matter how much time you have taken off." --Lisa Endlich, author of *Goldman Sachs: The Culture of Success* "Candid, constructive, compelling... The authors provide realistic yet optimistic advice with examples on how to relaunch a career successfully." --W. Stanton Smith, National Director, Next Generation Initiatives/Human Resources, Deloitte Touche USA LLP "This guide is a wonderful and practical roadmap to 'on ramping' back into the workforce. If you're thinking about that journey, this book is the way forward!" --Anne Erni, Chief Diversity Officer, Lehman Brothers "This comprehensive step-by-step guide to workforce reentry should be invaluable to women seeking to relaunch their careers. Real-life examples of success stories combined with a multitude of practical advice make this book a unique resource." --Constance C. Helfat, professor, Tuck School of Business at Dartmouth College "Finally! A smart, practical, inspiring guide for moms looking to get back to paid work--without losing their minds." --Leslie Morgan Steiner, editor of Mommy Wars and columnist, [www.washingtonpost.com](http://www.washingtonpost.com) From the Publisher "Cohen and Rabin have hit the nail on the head with this thorough, well-written, step-by-step relaunch guide for stay-at-home moms. Both

Harvard MBA relaunchers themselves, they explore the role career plays in the quality of life for professional women by going beyond the mere dollars and cents. Readers are guided on their way with the "Re-launch Readiness Quiz" to help identify motivating factors and the "Job Building Block" exercise to explore new career directions. The increasing availability of flexible work options and the newfound interest of employers are presented. The trade-offs and downsides of working motherhood are also honestly explored, as are many inspirational stories of successful relaunchers, such as Sandra Day O'Connor. A listing of resources, recommended reading, and sample rsums are provided. One of only a few books for the millions of professional women/mothers who are not working for pay; highly recommended for public libraries." --Library Journal (starred review) "For those who have put "former" in front of their once-triumphant titles, there's **BACK ON THE CAREER TRACK: A GUIDE FOR STAY-AT-HOME MOMS WHO WANT TO RETURN TO WORK**. Onetime stop-outs and Harvard MBAs Carol Fishman Cohen and Vivian Steir Rabin offer a tasty, anecdote-filled field guide to getting back in. Cohen and Rabin masterfully reveal the ambivalence felt by women who can afford to drop out yet may be conflicted about doing so. The book offers lessons on how to de-stigmatize rsum gaps and get spouses and kids to buy in to the idea of a return to work. For those who say you can't go back, this book is the definitive rebuttal."--Business Week