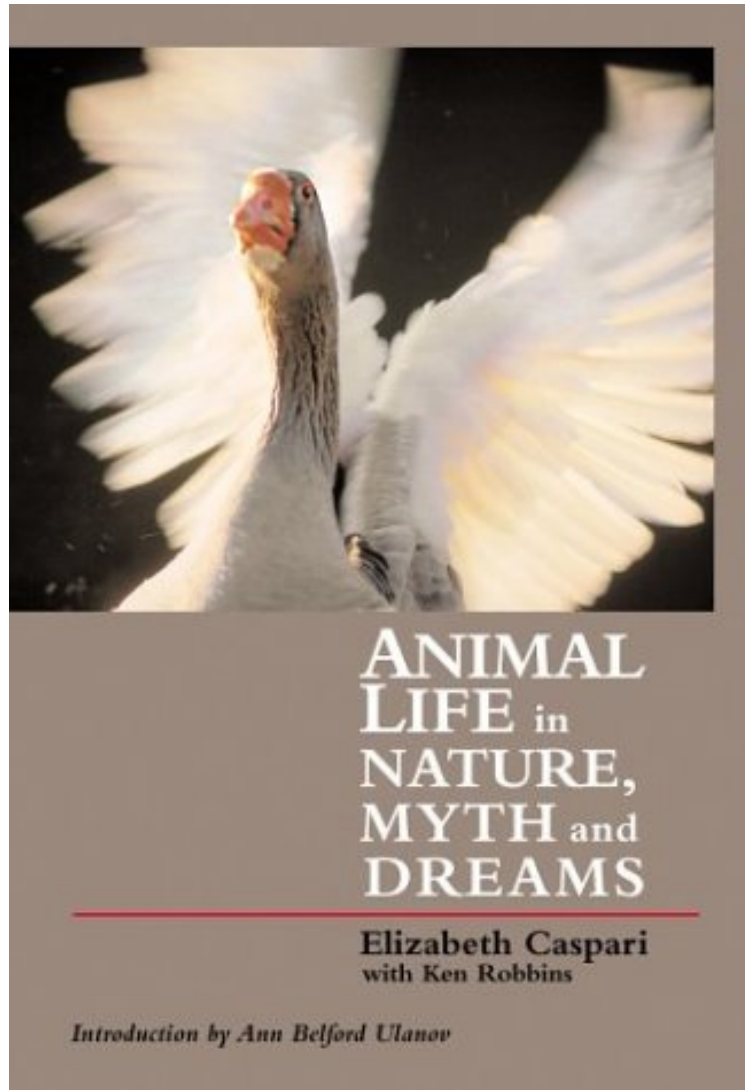


[Free download] Animal Life in Nature, Myth and Dreams

Animal Life in Nature, Myth and Dreams

Elizabeth Caspari

**Download PDF / ePub / DOC / audiobook / ebooks*



 Download

 Read Online

#1447000 in Books Chiron Pubns 2003-06-01Original language:EnglishPDF # 1 10.00 x .75 x 7.011, 2.09
#File Name: 1888602228350 pages | File size: 23.Mb

Elizabeth Caspari : Animal Life in Nature, Myth and Dreams before purchasing it in order to gage whether or not it would be worth my time, and all praised Animal Life in Nature, Myth and Dreams:

3 of 3 people found the following review helpful. Good, not greatBy Listentome!!I found the book to be a little too heavy on the side of facts about the animals and too light on their symbolic history and significance. I also would have appreciated more discussion about the potential symbolic significance of the individual animals in dreams. But all in all the book is well written and well researched and good to have around.4 of 4 people found the following review helpful. Great book, excellent seller!By shopperThis is an amazing book recommended to me by a Jungian analyst for interpreting animals in dreams. It's a great reference tool. I was also amazed at the excellent service I received from the

bookseller. Thanks for your good care. I look forward to buying more gently used books, such an amazing resource for to offer its customers.0 of 1 people found the following review helpful. Four StarsBy Marian K.Gave it as a gift and it was well received.

In *Animal Life in Nature, Myth and Dreams*, Elizabeth Caspari connects the world of real, living animals with the symbolic world of animal images in human thought, both conscious and unconscious. She gives the reader an opportunity to make this connection on his or her own personal journey of discovery. This book is a study of animals—their natural history, mythology, folklore, and religious significance around the world as well as their role in our lives, dreams, and everyday language. It examines the symbolic impact animals have on our collective culture, particularly on our own personal and interior lives. From Albatross to Zebra, each animal is pictured in color and factual context is given about its behavior in the natural world. Information is included about habitat, distribution, weight, size, longevity, and classification. By drawing on a process of amplification developed by C. G. Jung, in which an image is related to a previous historical, mythological, religious, or ethnological context, Elizabeth Caspari discusses the meaning of the animal in a dream, amplifying the readers understanding of that animal. Intended for anyone interested in the actual behavior and nature of animals and the world we live in, *Animal Life* presents a good deal of ethological and mythological material. By contemplating the significance of our fellow creatures, and how everything in our universe is connected, *Animal Life* offers a more whole, and more healing, view of the world.

by Frederic and Mary Ann Brussat We live in this world with animals; they are our companions and have much to teach us. Elizabeth Caspari has worked in art therapy but for the last 20 years, her major professional interest has been the mythology and natural life of animals. This erudite work is the result of years of research and travels to Kenya and Tanzania. She presents the physical and behavioral characteristics of 101 animals along with their role in mythology, fairy tales, and possible symbolic meanings in dreams. From Albatross to Zebra, the wonderful variety and beauty of animals is conveyed through color photographs. Data is also given on the habitat, distribution, weight, size, longevity, and classification of each animal. What do they have to do with dreams? Caspari states: "Discovering an animal image in a dream is a gift, an opportunity, a window through which, with careful consideration, we can glimpse the inner workings of our unconscious selves. Like poets and writers who use metaphor to get at hidden truths, we can use animal symbolism to unlock the conundrum of a thought, a feeling, an impulse, or a deep-seated unconscious fear; that is, to bridge our conscious and unconscious lives and move us closer to the instinctive core of our beings." Each animal has special qualities to stimulate our imaginations—the wolf and its ferocity, the lion and its power, the dolphin and its playfulness. Caspari unfolds very interesting information in her piece on ants. Naturally, she notes the tireless laboring of these creatures along with the communal nature of their lives. Ants symbolize many different things in various cultures: in Africa, they stand for fertility; in China, they represent all the values of good citizenship; and in Native American culture, they are considered a model of patience. In dreams, Caspari sees them as representing "the positive and creative qualities of the dreamer's inner growth, which can be achieved through purposeful collaboration, patience, diligence, perseverance, and a selfless surrender to what is felt to be life's purpose." This excellent interdisciplinary work brings us closer to animals and amplifies our respect for them as unique beings and spiritual teachers. We live in this world with animals; they are our companions and have much to teach us. Elizabeth Caspari has worked in art therapy but for the last 20 years, her major professional interest has been the mythology and natural life of animals. This erudite work is the result of years of research and travels to Kenya and Tanzania. She presents the physical and behavioral characteristics of 101 animals along with their role in mythology, fairy tales, and possible symbolic meanings in dreams. From Albatross to Zebra, the wonderful variety and beauty of animals is conveyed through color photographs. Data is also given on the habitat, distribution, weight, size, longevity, and classification of each animal. What do they have to do with dreams? Caspari states: "Discovering an animal image in a dream is a gift, an opportunity, a window through which, with careful consideration, we can glimpse the inner workings of our unconscious selves. Like poets and writers who use metaphor to get at hidden truths, we can use animal symbolism to unlock the conundrum of a thought, a feeling, an impulse, or a deep-seated unconscious fear; that is, to bridge our conscious and unconscious lives and move us closer to the instinctive core of our beings." Each animal has special qualities to stimulate our imagination—the wolf and its ferocity, the lion and its power, the dolphin and its playfulness. Caspari unfolds very interesting information in her piece on ants. Naturally, she notes the tireless laboring of these creatures along with the communal nature of their lives. Ants symbolize many different things in various cultures: in Africa, they stand for fertility; in China, they represent all the values of good citizenship; and in Native American culture, they are considered a model of patience. In dreams, Caspari sees them as representing "the positive and creative qualities of the dreamer's inner growth, which can be achieved through purposeful collaboration, patience, diligence, perseverance, and a selfless surrender to what is felt to be life's purpose." This excellent interdisciplinary work brings us closer to animals and amplifies our respect for them as unique beings and spiritual teachers. About the Author Elizabeth Caspari taught seminars on Art, Dreams, and Creativity and produced art works in diverse media. She studied painting at the Art Students League in New York and worked in psychology with Aniela Jaff, James Hillman,

Nathan Schwartz-Salant, and Montague Ullman. She was a member of the faculty of the New School for Social Research and gave workshops in animal mask making at the University of Albuquerque. Her combined interests in art and Jungian psychology led to her work in art therapy. For the last twenty years of her life, her major professional interest was the mythology and natural life of animals. Elizabeth Caspari died in July 2005.