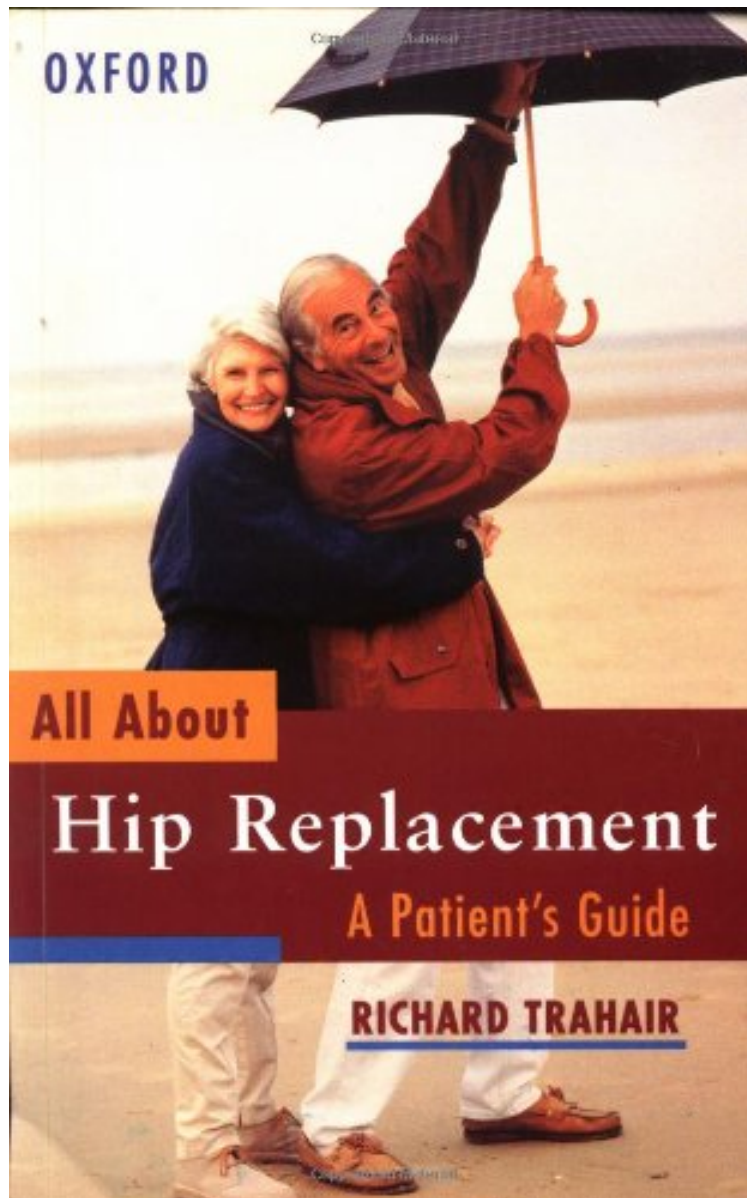


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All About Hip Replacement: A Patient's Guide

Richard Trahair

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Richard Trahair : All About Hip Replacement: A Patient's Guide before purchasing it in order to gauge whether or not it would be worth my time, and all praised All About Hip Replacement: A Patient's Guide:

17 of 18 people found the following review helpful. This is a very informative-well written book. By A Customer Dr Trahair is a Consulting Psychologist at LA Trobe University in Australia. He has written a 175 page book relating his

personal experience in undergoing total joint replacement of his hip with additional personal histories of 14 other individuals. If hip replacement is in your immediate future you will find your counterpart among them. I am Jack Kelley author of "On Being Hip" which outlines my own experience with the problem of degenerative joint disease. It is also available through . I recommend that those with these problems obtain Dr. Trahair's book, a view from downunder that you will find rewarding and informative.1 of 1 people found the following review helpful. Better off on the Internet for informationBy Dr. Stewart I. PerimThis book is outdated, has minimal pictures on exercises, is over 10 years out of date on technology go to the internet ... Medline, NIH, Youtube, etc. Good Luck on your procedure7 of 9 people found the following review helpful. Hip replacementBy Bronwyn BardsleyI bought this book for my mother who needed a hip replacement. Both my mother and I found it very helpful because it describes so clearly the experiences that patients have. It prepared us well for her operation and recovery.

Every year more than half a million people around the world undergo hip replacement. This book records the experiences of the author and thirteen other patients who have had the operation. They talk about their troubles with the old hips, reaching the difficult decision to have the operation, the strenuous process of finding appropriate surgeons and hospitals, and their preparations for the operation. Richard Trahair, an author and psychologist who has recently had hip replacement himself, weaves these people's hopes and concerns with professional advice from surgeons, rheumatologists, physiotherapists, nurses, and occupational therapists to provide a full, informed picture of the operation from several different viewpoints.

About the AuthorRichard Trahair is at La Trobe University.